

## CASE STUDY

# Effect of Acutonics® for Not Exactly Bronchitis

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**ABSTRACT:** This case illustrates the use of Acutonics tuning forks in the treatment of an emotional imbalance manifesting physically as bronchitis-like symptoms. Additionally, strategies are shown for addressing Kidney Yin Deficiency generating heat, dampness and heat underlying chronic candida. Point choices and frequency intervals are clearly explained for the energetic imbalances and the incorporation of crystals along with Acutonics tuning forks is mentioned. Follow-up the day following the treatment revealed resolution of the bronchitis-like symptoms.

**KEY WORDS:** Kidney yin deficiency, bronchitis, microcosmic orbit, decline of lung qi and grief.

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## Effect of Acutonics® for Not Exactly Bronchitis

### Narrative:

A 61-year-old regular client called to cancel her appointment. She said she feels like she's coming down with bronchitis. She agreed to come in so we could take care of it in its early stages. She is a medical doctor and a psychiatrist. When she came into my office, her primary complaints were fatigue, throat obstruction, chest oppression, and a slight cough with thin white sputum. As I questioned her about these complaints, she disclosed that one of her long-term clients of 20+ years was almost successful at suicide a few days prior to the onset of her bronchial complaints. Their professional relationship had been a very close one and it is clear that her client's attempted suicide has caused her considerable grief.

**Background History:** Kidney yin deficiency with heat and a struggle with candidiasis that manifests as yin fire (spleen).

**Pulse:** Moderate, (not superficial), thin, wiry and slightly rapid.

**Tongue:** Red, slight to no coating

### Diagnosis:

Decline of lung Qi due to sudden grief

Kidney yin deficiency with heat

Spleen dampness/yin fire

Obstruction of Heart and Throat Chakras due to unexpressed grief

### Treatment/Rationale:

Support and boost lung Qi by removing emotional obstructions

Tonify and water kidney yin

Balance and activate chakras with emphasis on 2nd, 4th, and 5th. Open Window to the Sky Points.

### General Guidelines:

On all points below the waist I use the Low Octave intervals

On all points above the waist, I use the Middle Frequency intervals

On the hands/arms I use Low Octave intervals and Middle Frequency intervals

High Frequency intervals are used over all points and around the body/in the field

Ground at the beginning and end of the treatment with the Low Ohm Octave on:

REN 4, Origin Pass, KID 3, Great Ravine , KID 1, Gushing Spring

SP 9, Yin Mound Spring apply Low Zodiac 3rd to drain dampness from the spleen that is directly contributing to the phlegm obstructing the lungs

Followed by the Solar 7th to regulate the warmth and dryness of the spleen.

SP 6, Three Yin Intersection applied Low New Moon 5th to regulate yin fire

Low Mars/Venus 5th to tonify Qi and Blood

KID 3, Great Ravine used Low New Moon 5th to open the point to begin process of tonifying the yin and to regulate the overall mechanism of the kidneys. Applied Low Mars/Venus 5th to balance kidney yin and yang. Used Low Full Moon 6th to boost yin and to bring intent of the previous intervals to full potential.

Four Gates, LIV 3, Great Surge and LIV 4, Union Valley placed the colored fork on LIV 3 and the Gold Ohm fork on LI 4) Used the Low New Moon 5th, followed with Low Zodiac 3rd to open the gates and relax emotional constraint from unexpressed professional grief and to promote smooth flow of Qi and blood throughout the body.

### **Chakra Balancing:**

On each access point I used the New Moon 5th followed by the Ohm/Chiron 2nd to open chakras to spread healing energy throughout the body/system.

### **Chakra Access Points:**

**1st Chakra:** REN 2, Curved Bone

**2nd Chakra:** REN 4, Origins pass

**3rd Chakra:** REN 12, Central Venter

**4th Chakra:** REN 17, Chest Center

**5th Chakra:** REN 22, Celestial Chimney

**6th Chakra:** Yintang

**7th Chakra:** DU 20, 100 Convergences

LU 3, Celestial Storehouse, applied all three octaves of the New moon 5th and Ohm/Mercury microtone to open Throat Chakra to clear communication. Also, to access the Akashic records to clear psychic chords related to the situation at hand. This interval was chosen to communicate clearly the need for my client to clear the aspects of her relationship to her client that were causing her this severe grief.

KID 23, Spirit Seal, KID 24, Spirit Ruin, and KID 25, Spirit Storehouse were chosen to activate the chest, to address sadness in the heart and to continue addressing the kidney channel. These points are located on the chest and support the lungs as well.

New Moon 5th was used to open the points for direct access

Ohm/Pluto microtone applied to access grief at its deepest level

Ohm/Chiron 2nd used to heal the grief and transform it as it is pulled up by the Pluto Interval

### **Microcosmic Orbit:**

**Du Mai:** SI 3, Back Ravine, open on the right hand; UB 62, Extending Vessel, connect on the left foot.

**Ren Mai:** LU 7, Broken Sequence, open on the left hand; KID 6, Shining Sea, connect on the right foot. On each point, I used the Middle Sedna Fork combined with the Resonant Field Enhancer and Joyful Acceptance crystal wands.

**Yintang:** 3rd Eye

Ohm/Venus 6th is used to cool Yin, regulate endocrine system and crystal palace

Ohm/Neptune 5th is used to calm spirit and to ensure restful sleep

Full Moon 6th is used to calm spirit and to ensure restful sleep

DU 20, 100 Convergences, used Sedna with Resonant Field Enhancer crystal wand on Crown Chakra to stay active and vibrant.

For the resting phase of her treatment, I played each planetary gong in relationship to the intervals chosen during the treatment.

**Results/Conclusions:**

I followed up with the patient the next day. She reported feeling great and all her signs and symptoms of the "bronchitis" had cleared completely.